

Dhyana Shlokam

*“Angikam bhuvanam yasya
Vachikam sarva vangmayam
Aharyam chandra taradi
Tam numah satvikam sivam.”*

The full meaning of this sloka is:

We bow to Him the benevolent One
Whose limbs are the universe,
Whose song and poetry are the essence of all languages,
Whose ornaments are the moon and the stars...

Word meaning:

Angikam - body

Bhuvanam - universe

Yasya - whose

Vachikam - speech, song

Sarva - everyone

Vangmayam - language

Aharyam - ornaments

Chandra - moon

Taradi - starts

Tam - to YOU

Numah - to bow

Satvikam - pure

Shivam - god Shiva